

The Daily Bites

July 24, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

The Real State

To see the real situation in spite of my damaged perception of reality

Exertion is above reason, when a person sees how difficult it is, when he is fed up and everything seems incorrect and not worthwhile, including the Creator. He has complaints towards everyone and despite this he understands that he sees reality according to his corruption, his ego, and understands that his real state is *Gmar Tikkun* (End of Correction) and the perfect connection with the rest of the souls. And it is there that he wants to reach.

- from the 1st part of the [Daily Kabbalah Lesson 07/24/11](#), "Choosing Labor" (minutes 17-20)