# The Daily Bites

October 25, 2010

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

## **Daily Kabbalah Tip**

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

#### Going All the Way

## Either I enter the group and go all the way, or I look for another group

I am not corrected, I am at the beginning of the way, but I need to find the group, the society that is aimed at the same goal that I want to attain. I have an inner feeling, a point in the heart, and according to it, I examine if the society that I found is good for me or not, that is, if I can reach the goal with it or not.

After I find the correct group, I must go all the way with them meaning to connect to it as one body; otherwise, I will not advance. I must be decisive, either I go into the group and go all the way or I should go look for another group that is more suitable. There is no middle road. The middle is a waste of a life and it is worthwhile to decide quickly.

- from the 4<sup>th</sup> part of the **Daily Kabbalah Lesson 10/25/10** (minutes 32-35)

# **Daily Kabbalah Definition**

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

## **Annulment**

## What is "annulling myself" according to the wisdom of Kabbalah?

Annulling oneself is when the person knows that he doesn't have any need for the form of egoism, not in anything. The more he examines, he doesn't see that there is no benefit for himself, but he does the act above his reason and feelings even though he doesn't thoroughly understand what is worthwhile

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here. He annuls himself because he prefers the general force, the general connection versus all his personal success.

- from the 1<sup>st</sup> part of the <u>Daily Kabbalah Lesson 10/25/10</u> (minutes 27-32)